



Subject: Physical Education
Year/Course: Year 7

Knowledge and Understanding

By the end of this course students will have an understanding of the rules and techniques involved in the following activities and sports:

Swimming
Striking & Fielding games
Fitness
Athletics
Trampoline
Basketball
Table Tennis
Water Polo
Swimming
Netball

Subject Specific Skills developed

Good communication skills
Passing
Shooting
Awareness of space
Collaboration

Transdisciplinary and Generic Skills developed

An ability to be appreciative and analytical about one's own and the performance of others.

Assessment

Students are assessed by the teacher continuously as the teaching Unit progresses, using criteria established by the Department. Students are informed of their progress during their learning and also at the end of each Unit.

Challenge for All

Tasks and activities are always differentiated where possible to suit all levels of ability. Where possible we also use 'adapted' equipment, for example, we may use a smaller or lighter ball with younger or less able students.

Subject: Physical Education
Year/Course: Year 8

Knowledge and Understanding

By the end of this course students will have an understanding of the rules and techniques involved in the following activities and sports:

Swimming
Striking & Fielding games
Fitness
Athletics
Trampoline
Cross-Country
Basketball
Table Tennis
Water Polo
Swimming
Netball

Subject Specific Skills developed

Good communication skills
Team work
Passing
Shooting
Awareness of space
Collaboration

Transdisciplinary and Generic Skills developed

An ability to be appreciative and analytical about one's own and the performance of others.

Assessment

Students are assessed by the teacher continuously as the teaching Unit progresses, using criteria established by the Department. Students are informed of their progress during their learning and also at the end of each Unit.

Challenge for All

Tasks and activities are always differentiated where possible to suit all levels of ability. Where possible we also use 'adapted' equipment, for example, we may use a smaller or lighter ball with younger or less able students.

Subject: Physical Education
Year/Course: Year 9

Knowledge and Understanding

By the end of this course students will have an understanding of the rules and techniques involved in the following activities and sports:

Swimming
Striking & Fielding games
Fitness
Athletics
Trampoline
Cross-Country
Basketball
Table Tennis
Water Polo
Swimming
Netball

Subject Specific Skills developed

Good communication skills
Team work
Passing
Shooting
Awareness of space
Collaboration

Transdisciplinary and Generic Skills developed

An ability to be appreciative and analytical about one's own and the performance of others.

Assessment

Students are assessed by the teacher continuously as the teaching Unit progresses, using criteria established by the Department. Students are informed of their progress during their learning and also at the end of each Unit.

Challenge for All

Tasks and activities are always differentiated where possible to suit all levels of ability. Where possible we also use 'adapted' equipment, for example, we may use a smaller or lighter ball with younger or less able students.

Subject: Physical Education
Year/Course: Year 10

Knowledge and Understanding

By the end of this course students will have an understanding of the rules and techniques involved in the following activities and sports:

Swimming
Striking & Fielding games
Fitness
Athletics
Trampoline
Cross-Country
Football
Touch Rugby
Badminton
Basketball
Table Tennis
Water Polo
Swimming
Netball

Subject Specific Skills developed

Good communication skills
Team work
Passing
Shooting
Awareness of space
Collaboration

Transdisciplinary and Generic Skills developed

An ability to be appreciative and analytical about one's own and the performance of others.

Assessment

Students are assessed by the teacher continuously as the teaching Unit progresses, using criteria established by the Department.

Students are informed of their progress during their learning and also at the end of each Unit.

Challenge for All

Tasks and activities are always differentiated where possible to suit all levels of ability. Where possible we also use 'adapted' equipment, for example, we may use a smaller or lighter ball with younger or less able students.

Subject: Physical Education
Year/Course: Year 11

Knowledge and Understanding

By the end of this course students will have an understanding of the rules and techniques involved in the following activities and sports:

Swimming

Striking & Fielding games

Fitness

Athletics

Trampoline

Cross-Country

Football

Touch Rugby

Badminton

Basketball

Table Tennis

Water Polo

Swimming

Netball

Theory Course: Physiology; Anatomy; Factors Affecting Participation: Sports Injuries.

Subject Specific Skills developed

Good communication skills

Team work

Passing

Shooting

Awareness of space

Collaboration

A good grasp of the knowledge required the course.

Transdisciplinary and Generic Skills developed

An ability to be appreciative and analytical about one's own and the performance of others. Keeping an up to date and accurate file of notes from the classroom based lessons. Use of the Internet to extend reading and learning - particularly from recommended web sites.

Assessment

Students are informed of their grades (out of 10) after each Unit is taught.

Students sit a 1hr 45 minute written exam in June of Y11. This is worth 40% of the final exam grade. Students are required to complete a Personal Exercise Plan, which is used during a ten minute oral interview (this could be with the External Moderator in attendance) on one sport of the student's choice. This is worth 10% of their final grade.

Challenge for All

Where special consideration is required, for example, if the student has been injured for a period of time - the exam Board is informed by the school. Documentation verifying the injury must also be included.

Subject: B TEC National Sport; Development, Coaching and Fitness

Year/Course: Year 12/13 B TEC Sport

Knowledge and Understanding

By the end of this two year course, students will have experienced a range of topics, which include:

1. The Body in Action
2. Health and Safety in Sport
3. Training and Fitness in Sport
4. Sports Coaching
5. Practical team/individual Sports
6. Fitness Testing for Sport and Exercise

The qualification will enable students to develop the essential skills and knowledge for starting a career in the sports sector, with a specific focus on sports development, coaching and fitness.

The qualification will give students insight into the various different occupational routes that may be taken within the sector.

The course can be adapted to fit your abilities and career aspirations.

Subject Specific Skills developed

Students will be expected to be analytical in their observations of sports. Appraisal of their own and the performance of others will be developed.

Students will be expected to use appropriate physiological and bio-mechanical terminology when appropriate.

Transdisciplinary and Generic skills developed

Students will develop their research skills and also explore first hand comparisons between their own experiences training and performing, with those of elite athletes who keep blogs or diaries. Use of technologies like Heart Rate monitors, video analysis software, digital image software will be encouraged.

Assessment

BTEC awards 3 levels of attainment; Pass Merit and Distinction. During the course students will complete both assessed and non-assessed tasks. When assessed tasks are to be done students are given a brief which stipulates the task, the assessment criteria it covers and a description of the types of evidence students will need to produce at the various levels of attainment. Students are given the opportunity to submit work and then receive feedback in what they have done. They are given time to develop their ideas further in the light of this advice before final submission and formal assessment.

Challenge for all

The coursework nature of this course allows students to work at their own pace as well as giving them the opportunity to stretch themselves and realize their own full potential.